

Name of Rotation:	Trauma and Violence-Specialized Primary Care
Names of all preceptors who are involved in teaching / supervising during the rotation.	Dr. Susan McNair (Lead), SJFMC Dr. Laura Lyons, SJFMC Dr. Leila Makhani, LIHC Dr. Saadia Jan, SJFMC Dr. Bhooma Bhayana, Community FM
Brief Description of Rotation:	<p>The Trauma and Violence-Specialized Primary Care Program at St Joseph's Hospital in London opened in October 2025 and is the first-of-its-kind model of care in North America. The program provides trauma and violence-informed, interdisciplinary primary care to individuals who have experienced or are experiencing trauma, such as sexual assault, intimate partner violence, childhood abuse, exploitation, and/or community violence. The clinic was developed to fill a long-standing gap in care for people whose trauma has created barriers to accessing traditional primary care. It integrates trauma and violence-informed principles into every aspect of service delivery: design, environment, policy, and practice.</p> <p>The five physicians who work in the TVSPCP are also the physicians who work in The Regional Sexual Assault and Domestic Violence Treatment Centre (RSADVTC), also at St. Joseph's Hospital. While the focus of your work will be in the TVSPCP, you will be given an opportunity to learn about care in the RSADVTC and, as opportunities arise, attend medical and forensic assessments in cases of acute sexual assault and/or domestic violence.</p>
Rotation Contact:	Cassandra Fisher (SJHC) - 519 646 6100 Ext.62965
Description of Clinical Duties:	<p>Attendance in the TVSPCP four days a week (Mon, Tues, Thurs and Fri) from 830 to 5 pm where you will join the team in providing trauma and violence-specialized primary care to patients who have a history of significant childhood and/or adult trauma and violence.</p> <p>Orientation to the Regional Sexual Assault and Domestic Violence Treatment Centre will be provided and attendance to observe the care and forensic evidence collection of pediatric and adult survivors of acute sexual assault and domestic violence will be offered, as available.</p>

	Wednesday mornings there will be case- based and didactic teaching on important topics in trauma and violence-specialized primary care.					
Sample Schedule or description of the workload:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	PRIMARY CARE AT TVSPCP	ATTEND AT THE REGIONAL SEXUAL ASSAULT AND DOMESTIC VIOLENCE TREATMENT CENTRE	ACADEMIC MORNING AT TVSPCP	PRIMARY CARE AT TVSPCP	PRIMARY CARE AT TVSPCP	
	PRIMARY CARE AT TVSPCP	PRIMARY CARE AT TVSPCP	WESTERN ACADEMIC AFTERNOON	PRIMARY CARE AT TVSPCP	PRIMARY CARE AT TVSPCP	
On-Call Requirements:	<p>Not required.</p> <p>(If a resident would like to take call with one of the five physicians to attend in cases ter-hours acute sexual assault exams and forensic collection we would be happy to incorporate them.)</p>					
Description of Setting in which the residents will work:	<p>Both the Trauma and Violence-Specialized Treatment Program and the Regional Sexual Assault and Domestic Violence Treatment Centre are located at St. Joseph's Hospital at Richmond St and Grosvenor St. in London.</p> <p>Both are well equipped for clinical care and teaching.</p> <p>The care team in both programs are highly interdisciplinary.</p> <p>The care team at the TVSPCP includes:</p> <ol style="list-style-type: none"> 1. Five physicians 2. One RN 3. Two RPNs 4. 1.5 Social Workers 5. 1 Social Service Worker 6. 1.5 Reception staff. 7. Program Manager 					
Clinical Supervision:	<p>Clinical Supervision will be by the five program physicians:</p> <p>Dr Susan McNair</p> <p>Dr Laura Lyons</p> <p>Dr Leila Makhani</p> <p>Dr Saadia Jan</p> <p>Dr. Bhooma Bhayana</p>					
Clinical Content:	<p>Full spectrum primary care patients.</p> <p>All patients are survivors of significant trauma/violence.</p> <p>Diversity with respect to age, gender, LGBTQ2+, etc.</p>					

Focused Objectives/Expectations:	<p>Resident Learners rotating through The Trauma and Violence-Specialized Primary Care Program, will:</p> <ul style="list-style-type: none"> a) Understand the pivotal role of trauma in the common physical and psychiatric conditions seen in primary care b) Recognize signs and symptoms of trauma displayed by trauma survivors in the health care system c) Learn the principles and practices of trauma and violence - specialized care d) Understand the biological basis of trauma e) Understand the neurobiology of trauma and the effect of trauma on the brain, memory and body. f) Understand trauma related responses: fight, flight, freeze and fawn g) Understand the role of attachment dysregulation in the major psychiatric illnesses a family physician sees every day h) Recognize trauma behaviors in our patients: hypervigilance, dissociation, avoidance, etc., and how to respond both when observing these, and when explaining to patients the nature of and reasons for these responses i) Understand common challenges in the interaction between trauma survivors and the medical system (eg., missed appointments, anger, withdrawal, overuse of services, etc) and the impact of this understanding on lessening clinician frustration and the revictimization of the patient. j) Learn to teach patients grounding and regulation strategies k) Learn to perform a safety assessment and plan l) Understand common pharmacotherapy useful with trauma survivors m) Understand when to refer to psychiatry n) Understand the role of hospital and community teams in interdisciplinary care of trauma survivors o) Understand treatment modalities offered by trauma therapists
Level of Residents Accepted:	PGY1, PGY2, PGY3
Number of Residents accepted per block:	One resident per block
Teaching: (e.g. rounds, presentations, chance to teach medical students)	<p>Wednesday mornings there will be case-based and didactic teaching on important topics in trauma and violence-specialized primary care.</p> <p>Daily case discussions</p>
Description of Location:	<p>This rotation will take place at the Trauma and Violence-Specialized Primary Care Program at St. Joseph's Hospital with some time will be spent at the Regional Sexual Assault and Domestic Violence Treatment Centre, also at St. Joseph's Hospital.</p>